



FitNation

Anyone • Anytime • Anywhere

Now Accepting Applications!
Deadline to apply February 6, 2019 @ 4:00pm
www.isparc.ca/FitNationSpring2019

Join 100+ FitNation leaders delivering programs across BC! 12 successful applicants will participate in 3 days of experiential learning, mastering the dynamic movements of FitNation, led by Master Facilitators and FitNation Mentors. Trained leaders return home confident to deliver a **required** 8-week FitNation program in their community.

- No specialized facilities or equipment required
- Scalable to any size group
- Family friendly...all ages and fitness levels
- Low or no cost
- 12 Leaders selected across BC (2 per region)

Next FitNation Leader Training
April 2-4, 2019
Sheraton Vancouver Airport Hotel
Musqueam Territory, Richmond, BC

For more information, please contact Daniel Young-Mercer at dyoungmercer@isparc.ca.